

# Bonnyrigg Rose Football (Sports) Club



**Job Title:** Children and Youth Coach

**Responsible for:** Team

**Responsible to:** Club Committee

**Minimum qualifications:** Children (up to U13s): SFA Level 1.2 Coaching Young Footballers  
Youth (from U13s): SFA Level 1.2 Coaching Young Footballers

**Recommended Qualifications:** SFA Level 1.3 Coaching in the Game, First Aid

## Skills and Attributes Required

### Coaches should have the ability to:

- Motivate performers
- Communicate effectively
- Make things FUN.
- Use time efficiently and effectively
- Forward plan
- Develop an appropriate level of technical knowledge
- Observe and analyse skills and make improvements
- Make use of appropriate equipment and adapt if necessary
- Evaluate all coaching sessions

### Main Duties:

1. Consult with fellow coaches / helpers about the aims of the sessions.
2. To plan, prepare, deliver and evaluate the coaching programme to develop the young players.
3. Be prepared to delegate organisational jobs which do not need your coaching skills e.g. keeping the register, equipment and venue hire.

4. Brief all helpers, assistant coaches and players on the aims of the session and the purpose of each activity. Involve all helpers and make sure they are made aware of the value of their input.
5. Liaise with the club committee to ensure that there are regular, appropriate, competitive opportunities for members.
6. Ensure that you are well briefed about any special needs of the participants involved i.e. medical condition/disabilities etc
7. Attend any meetings with fellow coaches, parents and children where appropriate.
8. Make participants aware of their progress.
9. Identify and recruit, in line with club procedures, additional volunteers to assist in the running of the club activities e.g. parents.
10. Ensure the committee is aware of all club activities and encourage strong links and communication between each team through the season.
11. Provide information on where the participant can continue in the sport and liaise with the National Governing Body to access regional and national structure for talented performers.
12. Abide by and promote sound ethics and club policy, child protection, fair play and equal opportunities to all members.
13. Develop your own skills by attending SFA coach education courses, other pertinent courses and in-service training that is organised by the club or governing association.
14. Take responsibility for ensuring that the equipment is correct and is kept in good working order.
15. Be aware of and promote the club's codes of conduct for coaches, players and parents at all times.
16. Be aware of and follow the procedures for recording accidents.
17. Be aware of the club's Child Protection policy, Health and Safety policy and Emergency procedures and take responsibility for Health and Safety aspects during activities.
18. Ensure that there is an accessible, well stocked first aid kit available during training & games and a telephone nearby.
19. Provide information on sports science and lifestyle guidance.

I, \_\_\_\_\_, have read and understand what is expected of me in my role as Coach with Bonnyrigg Rose Football (Sports) Club. I agree to achieve the minimum qualifications required within 6 months of my commencement as Coach and work towards the Recommended Qualification within 2 years. I will adopt the Club's standard of practice at all times in my role as Coach.

SIGNED:

DATE: